

**2019**  
**New Oxford Colonials**  
***Jeff Topper Invitational***  
JUNIOR HIGH TRACK AND FIELD

COACHES MEETING                      8:15

**TRACK EVENTS**

8:15    FIRST CALL

8:30    Girls 100M Hurdle Trials  
         Boys 110M Hurdle Trials

9:00    Girls 100M Dash Trials  
         Boys 100M Dash Trials

9:30    Girls 3200M Relay Finals  
         Boys 3200M Relay Finals

10:00   Girls 200M Dash Trials  
         Boys 200M Dash Trials

**NATIONAL ANTHEM**

11:00   Boys 110M Hurdle Final  
         Girls 100M Hurdle Final

11:10   Girls 100M Dash Final  
         Boys 100M Dash Final

11:20   Girls 1600M Run Final  
         Boys 1600M Run Final

12:00   Girls 400M Relay Finals  
         Boys 400M Relay Finals

12:30   Girls 400M Dash Final  
         Boys 400M Dash Final

1:15    Girls 800M Run Final  
         Boys 800M Run Final

2:00    Girls 200M Dash Final  
         Boys 200M Dash Final

2:10    Girls 1600M Relay Final  
         Boys 1600M Relay Final

**FIELD EVENTS**

8:15    FIRST CALL

8:30    Boys High Jump  
         Girls Long Jump  
         Boys Shot Put  
         Girls Discus

11:00   Girls High Jump  
         Boys Long Jump  
         Girls Shot Put  
         Boys Discus

**Please note the following**

All field event finals will be held immediately following the trials for that event. Keep your athletes close by to be prepared.

In 100M and 100/110M Hurdles (assuming 4 heats) the winner of each heat plus the next 4 fastest times will advance to the final.

In the 200M the top 6 times will advance to the final.

All field events will advance 7 to finals.

Coaches, please be diligent about reminding any athlete who checks out of a field event for a track event to return immediately following their race. Please also monitor how far in advance they are checking out (2<sup>nd</sup> call is expected).

*Track events after 11:00 am may run ahead of schedule.*